

The Mythological Quest

A TAO journey for
learning and discovery



A Six-Day Immersive Leadership Journey in Bali

Set in the natural beauty and reflective atmosphere of Bali, this six-day immersive program is designed for individuals who wish to explore leadership as a lived journey rather than a managerial role.

The experience brings together **mythology, embodied learning, theatre-based exploration** and **reflective practice** to help participants reconnect with **purpose, presence and personal leadership**.

This is not a conventional classroom program. It is a carefully held process in which participants step away from their familiar contexts - not as an escape, but to gain perspective and return with deeper roots.

Through movement, storytelling, dialogue, creative expression, and silent reflection, participants are invited to examine how they lead, what shapes their choices, and what kind of leadership journey they now wish to create.



movement
storytelling
dialogue
Silent reflection



Program Philosophy

Leadership often develops through self-inquiry in the face of challenges and transitions across multiple fronts. Mythological journeys offer powerful archetypes of courage, Self-doubt, transformation, loss, responsibility, and renewal stories and motifs

Eg: Rama's heroic journey, Prahalada's agency, Jatayu's Valor, Savitri's Tenacity, Arjuna's Dilemma etc.

When combined with embodied and theatre-based methods, these stories become more than ideas — they become mirrors for the participant's own entangled life: their roles as leader, colleague, family member, and citizen, all held simultaneously.



Methodology

The program combines multiple modes of learning to create depth, engagement, and lasting insight



Embodied learning to help participants notice patterns in posture, breath, energy, and response.



Theatre - based work to explore leadership dynamics through improvisation, role, voice, presence, and relational awareness.



Mythological inquiry to connect personal experiences with timeless human themes and archetypal journeys.



Reflective practices including journaling, guided contemplation, dialogue, and structured self-inquiry.



Immersive group processes that build trust, shared reflection, and a sense of collective learning.

Learning Experience

Across six days, participants will move through a structured yet personal immersive experience arc.



Day 1: Arrival and orientation.

Welcoming and grounding, with shared norms, simple embodiment, and a soft introduction to an Immersion.



Day 2: Opening the journey.

Exploring one's own leadership identity and the assumptions that have shaped the stories we tell ourselves. Uncovering stuck patterns of self, using archetypal mythological motifs and theatre exercises.



Day 3: Experience to Embodiment

Using theatre, embodiment, and guided reflection for the Central Challenge. This day, is an invitation to engage with the less visible aspects of ourselves through reflective activities, embodied exercises, and dramatic enactment.



Day 4: Insight to Expansion.

Embodied expressions of inner Drama and Insights from it. The work helps surface recurring patterns, blind spots, and emotional habits that may limit leadership effectiveness. The aim is not performance, but awareness, honesty, and integration.



Day 5: Integration and commitment.

Move from insight to action plans, peer feedback, and personal leadership statements.



Day 6: Closure and return.

Closure rituals, next-step commitments, and time for an energized departure, with a promise to meet online on regular intervals.

Participant Outcomes

**By the end
of the program,
participants
can expect to**

Reframe leadership
as a personal
journey of purpose,
responsibility
and
conscious choice

Deepen
self-awareness
about
their leadership
patterns, strengths
and limiting
tendencies.

Build greater
alignment
between
inner values
and
outward action.

Develop a
more embodied
and relational
leadership
presence.

Return to their
families, teams, and
organisations with a
more grounded sense
of who they are within
those systems - and
what their particular
context calls
them toward



Who This Is For

This program is ideal for **senior leaders, emerging leaders, entrepreneurs, coaches** and any one wanting to craft their own growth journey, seeking a meaningful developmental experience beyond traditional skill-building. It is especially valuable for those navigating transition, growth, complexity, dilemmas in their day-to-day living experience.

By the end of six days, participants will leave with greater self-awareness, a deeper connection to their own leadership journey, and practical commitments they can carry into their lives and organisations.

Return to their families, teams, and organisations with a more grounded sense of who they are within those systems – and what their particular context calls them toward.





Venue & Logistics

Indonesia - Bali

Bali offers a rare combination of natural serenity, cultural wisdom, and premium infrastructure that makes it ideal for leadership retreats. Its beaches, rice terraces, and volcanic landscapes enhance creativity and mental clarity, backed by research on nature's effect on cognitive performance. Balinese culture, rooted in balance and harmony, provides powerful metaphors for modern leadership challenges.

Logistics:

The program is envisaged as a 6-day program at a Resort / Retreat at Bali. Check-in on Sunday afternoon, with the program starting on the Monday, concluding on the Saturday.

Venue:

4 Star resort

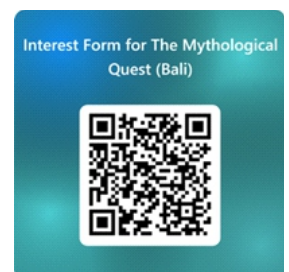
Dates: Sept, 6th to 12th 2026

Early Bird fee: \$3,950 (₹ 380,000)

(applicable till June 30th)

Regular fee: \$4,200 (₹404,000)

Interest Form: https://bit.ly/MQ_Bali26



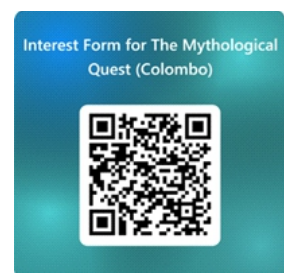
Upcoming Programs:

MQ Colombo – Sri Lanka

Venue: 4 Star resort

Dates: Nov, 1st to 7th 2026

Interest Form: https://bit.ly/MQ_Colombo26

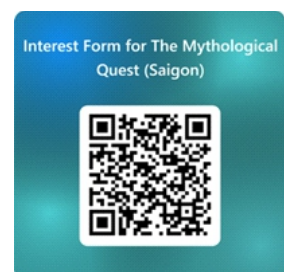


MQ Saigon - Vietnam

Venue: 4 Star resort

Dates: Jan, 17th to 23rd 2027

Interest Form: https://bit.ly/MQ_Saigon27



Meet the Facilitators:



Vandana Menon is the managing director of TAO Consulting. She is a seasoned organisational consultant and leadership facilitator with over 25 years of experience in culture building, leadership development, and process work facilitation. Clients she has worked with include TCS, Aravind Eye Hospital, Interdominion, Ingersoll Rand and Gelco Electronics. Vandana integrates theatre and process work to foster self-reflexivity and meaningful dialogue, creating powerful learning experiences. She is the former Executive Director of Sumedhas Academy of Human Context. Vandana has extensive experience is working with local theatre groups and using theatre as a tool for transformation with individuals and systems.



Ajay Viswanath is a Consultant at TAO Consulting. A learning professional with over 25 years' experience across domains, Ajay has facilitated more than 450 programs for over 12,000 participants. He has also worked with over 1,500 mid-level leaders and has been a Leadership Coach for over 12 . His notable clients include NACIN, Bosch, TCS, Bharat Petroleum among many others. Ajay has a rich background in Bharatanatyam dance. He integrates his deep understanding of somatic work into his programs to help individuals unlock their potential and enhance their leadership within their contexts.

Theatre Partner - MaaMaram

MaaMaram as the theatre partner, brings the language and resources of theatre into the Mythological Quest programme, to deepen inquiry into self, expression, and the inner life.

About TAO Consulting

TAO Consulting (Totally Aligned Organization) is a boutique management consulting firm with a focus on leadership and culture. We partner with organizations at critical inflection points to navigate changes and challenges in the zone of people and culture. We catalyse mindset shift that influence behaviour change. Our approach blends contemporary behavioural sciences with timeless Indian wisdom. Our key offerings comprise leadership development, culture transformation and behavioural change management.

Our clients include TCS, Aravind Eye Hospital, NACIN, Claris, Levim Lifetech and Gelco Electronics.

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